



DIRECT PRIMARY CARE SERVICES + MEDICATIONS

The Services provided by Exemplar Care to Direct Primary Care Members are as follows:

INCLUDED SERVICES

Unlimited primary care visits
Unlimited visits to Exemplar Care's Urgent Care
24/7 Access to a Provider
Consultations via text or phone
Telemedicine appointments
Preventative physical exams
Management, treatment, and follow-up of acute and chronic health conditions
Wellness exams and advanced annual biometrics
Assist with benefits paperwork such as (FMLA), (STD), and (LTD)*
Electrocardiogram (EKG)
CLIA-waived laboratory tests such as urine dip, pregnancy, glucose monitoring, rapid strep
Annual and routine labs including:
Thyroid Stimulating Hormone (TSH)
Complete Blood Count (CBC) with diff
Comprehensive Metabolic Panel (CMP)
Thyroid Panel
Lipids
Cholesterol Panel
Hemoglobin A1c
Prostate Specific Antigen (PSA), this is age determinant
Urinalysis with micro (age determinant)

INCLUDED MEDICATIONS**

Allopurinol	Amlodipine
Atorvastatin	Augmentin
Azithromycin	Bupropion
Baby aspirin	Metformin
Buspiron	Celecoxib
Cetirizine	Ciprofloxacin
Citalopram/escitalopram	Cyclobenzaprine
Gemfibrozil	Hydrochlorothiazide
Levofloxacin	Lisinopril
Metoprolol	Omeprazole
Ondansetron	Pramipexole
Prednisone	Quetiapine
Rosuvastatin	Sertraline
Sildenafil	Sulfamethoxazole/trimethoprim
Tamsulosin	Trazodone

**This medication list is subject to change. If there is a reason for change you will be given a 30-day notice prior to any changes going into effect.

Referrals to specialists will be made at the discretion of the Provider in discussion with the employee patient member. This agreement does not guarantee treatment or pricing from specialists, but all reasonable efforts to assist member will be made.

* Family and Medical Leave (FMLA), Short Term Disability (STD), and Long-Term Disability (LTD).